

DEFINITIONS:

Support Bubble household with one adult joins with another household.

Childcare Bubble: someone in one household provides informal (unpaid and unregistered) childcare to a child aged 13 or under in another household. For any given childcare bubble, this must always be between the same 2 households.

TESTING & ISOLATION

- Carers providing informal care are classed as essential workers and get priority for testing

TIER 1 – MEDIUM

Socialising & Sport

- Rule of 6 applies indoors and outdoors, this includes children of any age
- Sports and exercise classes indoors with no households mixing
- Sports and exercise classes outdoors allowed provided there are individual groups of 6 that do not mix
- There is no limit of numbers for disability sport, sport for educational purposes and supervised sport and physical activity for under-18s
- Socialising in hospitality venues limited to groups of 6 unless you all live together
- Formally organised support groups i.e. therapy maximum 15 people

Work

- Office workers should work from home. There is no legal requirement to shut the office. If the office is COVID secure it can continue to be open.
- Public-sector employees in essential services i.e. education continue to go to their place of work
- No limit to group size when meeting or gathering for work purposes but in locations that meet COVID secure guidelines

Schools

- All schools, colleges and universities remain open with additional procedures and restrictions in place
- Groups of more than 6 can meet for formal education and training

Childcare

- Formal childcare settings outside the home are not limited in numbers including after school clubs, nurseries and childminders
- Formal in home childcare i.e. nannies are still able to work
- Informal childcare is allowed via a childcare bubble, however the number of people in the same household should still not exceed 6
- For those who employ nannies social distancing from members of the family that are not being cared for should be maintained, increased cleaning, separate use of utensils and bringing of own food/drink should be put in place if possible.

Care for the Vulnerable and Elderly

- Formal in-home carers must follow the guidance set by the agency following Government advice including the use of PPE and cleaning procedures
- Only essential care is recommended i.e. washing, providing medication and preparing meals
- An emergency plan is advised to be put in place
- For informal care additional cleaning procedures should be put in place but the use of PPE is not required but is encouraged
- If the person you care for has symptoms the advice is for them to self-isolate, however if you are required to continue to care for them and you are not clinically vulnerable you can continue to provide care but must take measures to protect yourself

Travel

- Avoid using public transport where possible. Walk or cycle if you can
- Avoid travelling with someone outside your household or bubble in a car
- Avoid travelling to parts of the country in Tier 3

Celebrations and funerals

- Can attend services at places of worship but not in more than a group of 6 outside of your household or bubble
- Weddings (ceremony and reception) for up to 15 people in COVID secure venues or outside
- Funeral maximum of 30 people in COVID secure venues or outdoor spaces
- Wakes maximum 15 people and not in private homes. No sit down meals.

TIER 2 – HIGH

Socialising & Sport

- No socialising with other households indoors no matter what tier they live in (support bubbles excluded)
- Rule of 6 applies outdoors, this includes children of any age
- Indoor sports and exercise classes provided households do not mix
- There is no limit of numbers for disability sport, sport for educational purposes and supervised sport and physical activity for under-18s or outdoor exercise classes
- Socialising in hospitality venues indoors limited only with your household
- Socialising in hospitality venues outdoors is limited to 6 with people you do not live with
- Formally organised support groups i.e. therapy maximum 15 people

Work

- Office workers should work from home. There is no legal requirement to shut the office. If the office is COVID secure it can continue to be open.

- Public-sector employees in essential services i.e. education continue to go to their place of work
- No limit to group size when meeting or gathering for work purposes but in locations that meet COVID secure guidelines

Schools

- All schools, colleges and universities remain open with additional procedures and restrictions in place
- Groups of more than 6 can meet for formal education and training
- Students at university cannot move between their student accommodation and their permanent residence
- Commuter students can continue to travel to and from university within Tier 2 but cannot meet with others outside their household or bubble

Childcare

- Formal childcare settings outside the home are not limited in numbers including after school clubs, nurseries and childminders
- Formal in home childcare i.e. nannies are still able to work
- Informal childcare is allowed via a childcare bubble, however the number of people in the same household should still not exceed 6
- For those who employ nannies social distancing from members of the family that are not being cared for should be maintained, increased cleaning, separate use of utensils and bringing of own food/drink should be put in place if possible.

Care for the Vulnerable and Elderly

- Formal in-home carers must follow the guidance set by the agency following Government advice including the use of PPE and cleaning procedures
- Only essential care is recommended i.e. washing, providing medication and preparing meals
- An emergency plan is advised to be put in place
- For informal care additional cleaning procedures should be put in place but the use of PPE is not required but is encouraged
- If the person you care for has symptoms the advice is for them to self-isolate, however if you are required to continue to care for them and you are not clinically vulnerable you can continue to provide care but must take measures to protect yourself

Travel

- Avoid using public transport where possible. Walk or cycle if you can
- Avoid travelling with someone outside your household or bubble in a car
- Avoid travelling to parts of the country in Tier 3
- You can still travel to hotels or other guest accommodation but only with your household or support bubble

Celebrations and funerals

- Can attend services at places of worship but must not mingle with those outside your household or bubble
- Weddings (ceremony and reception) for up to 15 people in COVID secure venues or outside
- Funeral maximum of 30 people in COVID secure venues or outdoor spaces
- Wakes maximum 15 people and not in private homes. No sit down meals.
- People living outside of a high alert level area can travel to this area to attend an event, but they must not meet with another household indoors

Tier 3 – VERY HIGH

Socialising & Sport

- No socialising with other households indoors no matter what tier they live in (support bubbles excluded)
- Rule of 6 applies to meeting those outside your household or support bubble in outdoors spaces such as parks, countryside, public gardens, outdoor sports and leisure facilities. Must not meet within private gardens.
- Indoor sports and exercise classes provided households do not mix
- There is no limit of numbers for disability sport, sport for educational purposes and supervised sport and physical activity for under-18s or outdoor exercise classes
- Socialising in hospitality venues indoors and outdoors is limited only with your household or support bubbles only
- Formally organised support groups i.e. therapy maximum 15 people

Work

- Office workers should work from home. There is no legal requirement to shut the office. If the office is COVID secure it can continue to be open.
- Public-sector employees in essential services i.e. education continue to go to their place of work
- No limit to group size when meeting or gathering for work purposes but in locations that meet COVID secure guidelines

Schools

- All schools, colleges and universities remain open with additional procedures and restrictions in place
- Groups of more than 6 can meet for formal education and training
- Students at university cannot move between their student accommodation and their permanent residence
- Commuter students can continue to travel to and from university within Tier 2 but cannot meet with others outside their household or bubble

Childcare

- Formal childcare settings outside the home are not limited in numbers including after school clubs, nurseries and childminders
- Formal in home childcare i.e. nannies are still able to work

- Informal childcare is allowed via a childcare bubble, however the number of people in the same household should still not exceed 6
- For those who employ nannies social distancing from members of the family that are not being cared for should be maintained, increased cleaning, separate use of utensils and bringing of own food/drink should be put in place if possible.

Care for the Vulnerable and Elderly

- Formal in-home carers must follow the guidance set by the agency following Government advice including the use of PPE and cleaning procedures
- Only essential care is recommended i.e. washing, providing medication and preparing meals
- An emergency plan is advised to be put in place
- For informal care additional cleaning procedures should be put in place but the use of PPE is not required but is encouraged
- If the person you care for has symptoms the advice is for them to self-isolate, however if you are required to continue to care for them and you are not clinically vulnerable you can continue to provide care but must take measures to protect yourself

Travel

- Avoid using public transport where possible. Walk or cycle if you can
- Avoid travelling with someone outside your household or bubble in a car
- Avoid travelling into or out of an area categorised as tier 3
- You can still travel to hotels or other guest accommodation but only with your household or support bubble

Celebrations and funerals

- Can attend services at places of worship but must not mingle with those outside your household or bubble
- Weddings (ceremony and reception) for up to 15 people in COVID secure venues or outside
- Funeral maximum of 30 people in COVID secure venues or outdoor spaces
- Wakes maximum 15 people and not in private homes. No sit down meals.
- People living outside of a very high alert level area can travel to this area to attend an event, but they must not meet with another household indoors